

## *Family and Therapeutic Spa Information*

It is important to note that the Ranch House spas (hot tubs) are never guarded or directly supervised by staff, even in the summer.  
Use at your own risk.

This pamphlet is for informational purposes only. It does not replace, supplement or otherwise alter or compromise the RVRMA protective covenants, Ranch House Rules and Regulations or the River Valley Ranch Waiver and Release of Liability.

Please contact the Ranch House staff if you have any questions regarding spa usage. Thank you!

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**RIVER VALLEY RANCH**

River Valley Ranch Master Association

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# Do You Know?

## Quick Facts:

# The Ranch House

# Family and

# Therapeutic

# Spas



## *Family and Therapeutic Spa Considerations*

The RVR Ranch House provides two spas (hot tubs) for Members and their guests. The larger Family Spa is intended for adults and *accompanied* children. The smaller Therapeutic Spa is intended primarily for adult therapeutic purposes because it is deeper and has higher pressure jets.

While the Management team of the River Valley Master Association (RVRMA) strives to provide a safe and healthy environment at the Ranch House, it is important to note some health considerations which may be associated with spa use regardless of routine maintenance, industry standards and compliance with regulatory requirements.

### **Please be advised of the following with respect to spa usage:**

The United States Center for Disease Control (CDC), the American Red Cross and the Journal of American Pediatrics **advise, for health and safety reasons, that any child under the age of five (5) should not use a hot water spa of any kind.**

Additionally, **elderly persons, pregnant women and those people taking medications or that have health conditions which require medical care should consult with their physician before entering a spa with high water temperatures**, such as those at the RVR Ranch House (which are kept around 103°).

*For more information regarding these recommendations, please visit the following websites:*

- Center for Disease Control [www.cdc.org](http://www.cdc.org)
- American Red Cross [www.redcross.org](http://www.redcross.org)
- Journal of American Pediatrics [www.pediatrics.jpapublications.org](http://www.pediatrics.jpapublications.org)

## *Family and Therapeutic Spa Rules*

1. **All users must shower prior to entering the spas** (and pools), especially when returning from the restroom or following a workout, to limit the spread of bacteria and germs
2. **No food is allowed in either spa** — Adults may responsibly consume beverages while children are allowed to drink water when using the spas; please use care not to spill beverages in the spas
3. **Children under the age of 12 must be accompanied** and supervised by a parent, adult or caregiver fifteen (15) years of age or older who is also in the hot tub or on the spa deck
4. **No toys, floaties or noodles** of any type are allowed in either spa, with the exception of personal flotation devices (PFDs)
5. **All children must be potty trained**; swim and regular diapers are not permitted in either spa
6. **All users must behave in a safe and courteous manner**

